

SADDLE BOOK HIGH SCHOOL

HEALTH HISTORY UPDATE

To the Parent/Guardian of _____

Grade _____ Sport _____

To participate on an athletic squad or team, by law each athlete must provide a health history update, completed by a parent or guardian, if the athlete's sports physical was done more than 60 days prior to the first practice session.

Since your child's last sports physical, has he/she had any:

	<u>NO</u>	<u>YES</u>	<u>If Yes, explain:</u>
Hospitalizations	_____	_____	_____ _____
Operations	_____	_____	_____ _____
Injuries requiring Medical care	_____	_____	_____ _____
Illnesses requiring Medical care	_____	_____	_____ _____

Is your child taking any medications on a regular basis? No _____ Yes _____

If yes, what? _____

Signature _____ Date _____

Relationship to Student _____